Ramen Noodle Bowl with Egg (LR1541)

HACCP Process: Process 2: Same day service
Allergens: Contains Egg, Soy, Wheat;
Meal Contribution: 1 Non-WGR, 1 Meat/MA
Number of Servings: 23.00 Serving Size: 1 Serving
Moisture gain/loss%: 0.0000 Yield: 5 pound, 8 ounce
Waste gain/loss%: 0.0000 Fat gain/loss%: 0.0000
Total Recipe Cost: $4.9801 Cost Per Serving: $0.2165

Pre-Preparation Instructions
- Thaw noodles prior to cooking.

Preparation Instructions
- Thaw ramen noodles in refrigerator 24 hours.
- Once completely thawed, place in boiling water for 30 seconds to 1 minute.
- Drain.
- Mix entire miso packet into 1 gallon of water until dissolved.
- 1 serving = 1/2 cup noodles + 5 fl oz of miso broth + 1 hard boiled egg.
- First, portion 1/2 cup noodles into bowl, then pour 5 fl oz of miso broth over noodles. Top with whole hard boiled egg cut in half. Serve bowl with chicken egg roll.

Tips/Comments
- 23 servings per 1 bag noodle + 1 packet miso
- 230 servings per case

Nutritional Information

<table>
<thead>
<tr>
<th>Fat % of Calories</th>
<th>SFat % of Calories</th>
<th>Carb % of Calories</th>
<th>Protein % of Calories</th>
<th>Sugar % of Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>27.22</td>
<td>10.81</td>
<td>45.48</td>
<td>20.54</td>
<td>3.638</td>
</tr>
</tbody>
</table>

CCP Name | CCP Description | Critical Temperature (F) | Corrective Action |
----------|-----------------|--------------------------|-------------------|
Hot Hold  | Hot Holding     | 135.00                   | Discard the food if it cannot be determined how long the food temperature was below 135 °F |
Reheat    | Reheating       | 165.00                   | Continue reheating/heating food if the internal temperature does not reach the required temperature |
Cook      | Cooking         | 165.00                   | Continue cooking food until the internal temperature reaches the required temperature |

Step # | Stock Item# | Stock Item                      | Stock Quantity | Cost ($) | Ingredient                      | Quantity  |
-------|-------------|---------------------------------|----------------|----------|---------------------------------|-----------|
1      | LI100480    | Ramen Noodle with Miso Broth   | 1 Bag          |          |                                |           |
2      | 5825        | Hard Boiled Egg, 12/12 count, As Purchased | 23 Each        | 4.9801   | Hard Boiled Egg, 12/12 count | 23 Each   |
## Nutrients per 100 g

<table>
<thead>
<tr>
<th>Calories (Kcal)</th>
<th>Fat (g)</th>
<th>Sfat (g)</th>
<th>TFat (g)</th>
<th>Chol (mg)</th>
<th>Na (mg)</th>
<th>Carb (g)</th>
<th>TDF (g)</th>
<th>Sugars (g)</th>
<th>Pro (g)</th>
<th>Fe (mg)</th>
<th>Ca (mg)</th>
<th>A,IU</th>
<th>VitC (mg)</th>
<th>Mois (g)</th>
<th>Ash (g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>185.627</td>
<td>5.614</td>
<td>2.228</td>
<td>0</td>
<td>175.109</td>
<td>636.298</td>
<td>21.103</td>
<td>0.77</td>
<td>1.688</td>
<td>9.531</td>
<td>1.654</td>
<td>26.14</td>
<td>276.488</td>
<td>(M)</td>
<td>(M)</td>
<td></td>
</tr>
</tbody>
</table>

## Nutrients per serving (108.504 g)

<table>
<thead>
<tr>
<th>Calories (Kcal)</th>
<th>Fat (g)</th>
<th>Sfat (g)</th>
<th>TFat (g)</th>
<th>Chol (mg)</th>
<th>Na (mg)</th>
<th>Carb (g)</th>
<th>TDF (g)</th>
<th>Sugars (g)</th>
<th>Pro (g)</th>
<th>Fe (mg)</th>
<th>Ca (mg)</th>
<th>A,IU</th>
<th>VitC (mg)</th>
<th>Mois (g)</th>
<th>Ash (g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>201.413</td>
<td>6.091</td>
<td>2.418</td>
<td>0</td>
<td>190</td>
<td>690.409</td>
<td>22.898</td>
<td>0.836</td>
<td>1.832</td>
<td>10.341</td>
<td>1.795</td>
<td>28.363</td>
<td>300</td>
<td>0</td>
<td>(M)</td>
<td>(M)</td>
</tr>
</tbody>
</table>

(M) Indicates missing nutrient values.