



BREAKFAST at school

Fresh Shell Eggs



Monday

Open Faced Egg & Croissant Sandwich



- Whitesboro ISD, TX

Tuesday

Bacon & Spinach Quiche



- Santa Clara ISD, CA

Wednesday

School Spirit Eggs



- Dayton SD, OH

Thursday

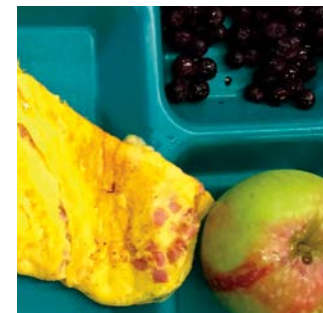
Bird's Nest



- Mentor PS, OH

Friday

Made-To-Order Omelet Bar



- Kittery SD, ME

TIPS & TRICKS

- Steam shell-on for local-focused school meal programs.
- Steam large eggs 14 minutes. (in general)
- Dye steamed eggs for School Colors or other celebrations.
- Use food dyes or make natural dyes.
- Serve the eggs shell on, let kids peel.



Eggheads are awesome!



DID YOU KNOW?

Eggs are jam-packed with protein

