Breakfast at school

Monday: Cuban Toast with Scrambled Eggs & Grits
- Hillsborough County SD, FL

Tuesday: Breakfast Burrito
- Loudoun County PS, VA

Wednesday: Cheesy Egg & Potato Breakfast Taco
- Chicago Public Schools, IL

Thursday: Breakfast Bowl
- Clark County SD, NV

Friday: Lowcountry Breakfast
- Charleston County SD, SC

Physical activity helps classroom focus.

Eggs in Schools

Power up your school day with eggs!

DID YOU KNOW?
Eggs have protein, vitamins, and minerals that give you energy.