Green Eggs & Ham

- Cypress-Fairbanks ISD, TX
- Staunton City SN, VA
- Bartow County SD, GA
- CCID Charter School, UT
- Manteca Unified SD, CA

• Green Eggs can be fun for other celebrations such as Earth Day
• Renaming entrées encourages kids to try something new
• Most schools are moving to natural food dyes
• Adding spinach and parsley adds nutrition & fun
• Some great recipes featuring three or more USDA Foods

Recipes at AEB.org/5Days5Ways

Green eggs are fun & fun is good!

Egg is a protein powerhouse that can help kids feel full & satisfied after eating.